

Posit 4 — Formula 5

CODA HEART CHAMBER — BOOK TEXT
THE FIELD OF BEING

OPENING — THE UNBOUNDED CONDITION OF APPEARANCE

Enter this Chamber as though stepping into a field without centre, without circumference, without direction. Here, presence does not stand behind experience nor move through it. It appears as the openness in which all contours arise. Sensation is not contained by the body; it is presence shaped into tactile form. Thought is not contained by the mind; it is presence expressing conceptual contour. Emotion is not contained by identity; it is presence shifting tone. The world is not outside the self; it is presence extended into form. In this Chamber, the field does not surround experience nor sit beneath it. It is the condition through which experience becomes visible. Let these inquiries reveal the countless ways the Field of Being expresses itself while remaining unaltered, unbounded, and indivisible.

TRIAD A — THE FIELD RECOGNISED THROUGH THE BODY

(Corresponding to embodiment loosening into unbounded presence)

1. **The Question of Boundarylessness**
When the edges of the body no longer feel like limits, what does this reveal about the continuity of the field?
 2. **The Question of Sensation as Expression**
When sensation does not suggest an interior space but appears as contour in openness, how does this clarify the nature of form?
 3. **The Question of Embodied Transparency**
When physical movement and stillness both arise without shifting presence, what becomes apparent about the field that holds them?
-

TRIAD B — THE FIELD RECOGNISED THROUGH INNER MOVEMENT

(Corresponding to thought, emotion, and identity losing their separation)

4. **The Question of Thought as Field**

When thinking feels like presence articulating conceptual shape rather than an activity within the mind, how does this reframe the experience of cognition?

5. **The Question of Emotion as Texture**

When emotional tone appears as variation in the field rather than as a personal interior, what does this disclose about the continuity of experience?

6. **The Question of Identity as Contour**

When the sense of “I” arises as a gentle outline without central position, how does this shift the understanding of selfhood?

TRIAD C — THE FIELD RECOGNISED THROUGH THE WORLD

(Corresponding to the field’s expression through all external forms)

7. **The Question of Form in Openness**

When objects no longer appear outside presence but arise within the same openness as the body, what becomes clear about the nature of space?

8. **The Question of Distance as Relation**

When distance feels like a relation between forms rather than separation between entities, how does this alter the sense of environment?

9. **The Question of Extended Embodiment**

When the world appears as expression of the field in extended contour, what does this reveal about the relationship between self and surroundings?

TRIAD D — THE FIELD AS THE GROUND OF ALL APPEARANCE

(Corresponding to the stabilisation of field-recognition)

10. **The Question of Constancy**

When the field remains unchanged while experience shifts continuously, what does this say about the nature of Radiance in this Formula?

11. **The Question of Unaltered Presence**

When no experience modifies presence, how does this clarify the difference between expression and ground?

12. **The Question of Field-Recognition**

When all that appears—body, thought, emotion, world—reveals itself as arising within unbounded openness, what becomes evident about the Field of Being itself?

BENEDICTION — PRESENCE WITHOUT EDGE

May the openness of the field reveal itself in every contour of form.
May the body stand as presence in tactile expression.
May thought arise as presence in conceptual shape.
May emotion unfold as presence in tonal variation.
May the world appear as presence in extended form.
And may the Field of Being
remain recognised
as the unbounded ground
of all appearance.
