

Posit 4 — Formula 4

CODA COMPANION — BOOK TEXT THE RADIANCE OF BEING

Movement I — Being Expressed as Form

There is a moment in the unfolding of Radiance where presence no longer appears behind experience or beneath it. It begins to show itself *as* experience—revealing that form is not something added to Being but one of its native expressions. The Radiance of Being is the recognition that the body, the world, and the subtle movements of thought and emotion arise as articulations of presence. Nothing stands apart from this articulation. Radiance does not enter form; it *is* the nature of form when seen without separation.

In this movement, the body becomes the most immediate expression of Radiance. Sensation does not occur within boundaries. It appears as presence shaped into texture. The weight of the limbs, the rhythm of breath, the density of physical contact—each stands as an aspect of Being expressed through form. There is no inner space where experience happens and no outer space where the world resides. The body reveals itself as continuous with presence, not as an object in which presence is held. It does not need refinement to reveal Radiance; it already displays it by being what it is.

Thought unfolds in the same way. Under the Radiance of Being, thinking is not a separate activity. It is a modulation of presence taking conceptual shape. The mind is not located within the body; it is a layer of embodiment. Thought expresses Radiance by revealing that consciousness does not leave form to think. Instead, thinking is one of the ways Being articulates itself. Even rapid or complex thought does not disrupt this recognition. It becomes a demonstration that Radiance can take countless forms while remaining unchanged.

Emotion expresses this movement through tone. Emotional states do not arise within a separate interior. They appear as shifts in the texture of Being, neither contained by the body nor imposed upon it. Joy, sorrow, neutrality, and subtle currents of feeling stand as expressions of presence. Emotion reveals Radiance by showing that it has no independent existence outside the field of Being. It holds its form lightly, without shaping the meaning of experience.

Identity becomes transparent within this movement. The sense of “I” does not function as the inhabitant of the body. It appears as one contour among many—an articulation of presence given personal shape. Identity does not unify experience nor divide it. It simply forms part of the field. The Radiance of Being reveals that the self is not distinct from embodiment. It is one of the ways Being takes form, fluid and transparent rather than central and separate.

The world also discloses its continuity with Being. External objects do not stand at a distance from the field of presence. They arise within it. Under this Formula, the body and the world are understood as parallel expressions of the same presence. The shapes of trees, buildings, stones, and skies appear not as things encountered by a perceiver but as forms of Being that

stand in relation with one another. Embodiment extends beyond the body into the environment.

In this first movement, the Radiance of Being is recognised as the truth that form is not separate from presence, and presence is not hidden behind form.

Movement II — Form Revealing Presence

As the movement deepens, Radiance begins to show itself through the natural ease of embodiment. There is no need for the body to shift, align, or settle. Presence expresses through it regardless of its posture or condition. Radiance does not arise from refinement; it becomes visible through the simplicity of being embodied without tension.

Sensation displays this first. The body does not appear to hold experience; it appears to *be* experience in physical contour. Contact, movement, and the most subtle impressions all arise as direct expressions of presence. The boundary between internal and external dissolves, not through merging but through absence of division. The body does not contain presence; it reveals it.

Thought reveals presence by its transparency. The clarity of Radiance does not depend on mental quiet. Even turbulent thought stands as evidence that presence is unbroken. Under this Formula, thought no longer appears to stand between the self and the world. It becomes part of the same field, articulated as concept rather than sensation. Thinking reveals Radiance because it is presence taking one form among many.

Emotion shows the embodiment of presence by appearing without demand. Emotional tone moves without altering the fundamental openness of the field. There is no push or pull. No elevation or contraction. Emotion expresses Radiance as gentle modulation. It belongs to the field and does not disturb it. Emotional transparency becomes a hallmark of this movement.

Identity expresses presence in an even deeper way. The self no longer appears as a controlling centre. It becomes a fluid boundary—defined, yet not separate. Identity reflects Radiance by showing that Being takes form as personality without becoming bound by it. The self ceases to be the manager of experience and instead becomes one of the forms experience takes.

The world reveals presence through its immediacy. Objects cease to feel distant. They appear as expressions of Being that happen to take physical form. The environment stands not as something observed but as part of the same unfolding. Embodiment extends to every form encountered. The Radiance of Being becomes evident not in the body alone but in the seamless continuity between body and world.

Stillness and movement both reveal presence without distinction. Stillness does not deepen experience; movement does not diminish it. Both arise within the same expression of Being. Whether the body is at rest or in motion, Radiance remains inherent. The difference between stillness and motion becomes one of contour, not nature.

Time appears as a series of expressions rather than a flow. Moments do not carry Being forward. They arise from Being. Embodiment reveals that presence is not shaped by time. Time is shaped by presence. Events unfold not as progression but as articulation.

In this second movement, the Radiance of Being is seen as
the transparency of presence
expressing itself through every aspect of form.

Movement III — Being Revealed Through Embodiment

In the final movement of this Formula, Radiance no longer appears to inhabit form. It becomes clear that form is one of Radiance's inherent modes. Being does not express itself through form; it expresses itself *as* form. Embodiment is not the condition through which consciousness navigates the world. It is consciousness made visible in contour, texture, and density.

Thought reveals this by standing as part of the field. Thinking is not something that happens to presence. It is presence revealing itself in cognitive shape. Emotion reveals this by showing that feeling is not an interior event. It is presence shifting tone. Sensation reveals this by highlighting that the body is presence at its most immediate and tactile. Identity reveals this by resting as a contour of being, not a separate centre. The world reveals this by standing as form in relational expression.

Nothing in this movement requires change. Nothing needs to be improved or purified. Embodiment becomes the proof that Being cannot be separated from what appears. Radiance reveals that the body is not something one “has,” nor a vessel one “inhabits.” It is one expression of the same presence that forms thoughts, feelings, and environments.

In this movement, the Radiance of Being is recognised as
the simple truth that presence is expressed in form
without separation, without division, without effort.

Embodiment stands as the fullest articulation of Radiance—
quiet, grounded, unforced,
the natural expression of Being revealing itself.