

Posit 4 — Formula 3

CODA HEART CHAMBER — BOOK TEXT
RADIANCE UNDER GRACE

OPENING — THE EFFORTLESS STATE OF BEING

Step into this Chamber as though entering an atmosphere where nothing needs to settle and nothing needs to rise. Here, Radiance does not present itself as intensity, clarity, or warmth. It reveals itself through ease—an ease that does not come from release or attainment, but from the absence of inner pressure. This is Grace. Not softness, not uplift, not comfort, but the State of Being in which presence no longer shapes itself. Grace appears whenever experience stands without tension. Thought, emotion, sensation, and identity unfold in the same open field, untouched by the need to direct or refine them. Radiance expresses through this openness not by shining or expanding, but by allowing every movement to stand without resistance. Let these inquiries open into that atmosphere, where being reveals its natural ease.

TRIAD A — THE EASE OF THOUGHT WITHIN GRACE

(Corresponding to the first sense of unforced presence)

1. **The Question of Weightlessness in Thought**
When thought arises without pressing upon experience, what does this lightness reveal about the atmosphere of being?
 2. **The Question of Transparency in Mind**
When thought appears and dissolves without shaping the field, how does this clarify the relation between Radiance and mental movement?
 3. **The Question of Effortless Cognition**
When thinking unfolds without strain, what becomes evident about the nature of Grace within presence?
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TRIAD B — EMOTION HELD WITHOUT RESISTANCE

(Corresponding to the atmosphere in which emotional tone moves freely)

4. **The Question of Non-Binding Emotion**
When emotion shifts without altering the openness of being, what does this indicate about the State of Grace?

5. **The Question of Emotional Transparency**

When emotion feels included rather than resolved, how does this reshape the sense of inner movement?

6. **The Question of Tonal Ease**

When emotional texture arises without demanding response, what becomes clear about the atmosphere in which it appears?

TRIAD C — THE BODY AS UNOBSTRUCTED PRESENCE

(Corresponding to Grace as revealed through sensation)

7. **The Question of Ease in Sensation**

When the body no longer holds tension as structure, what does sensation reveal about the unforced nature of presence?

8. **The Question of Boundarylessness in Contact**

When sensation appears without dividing inner from outer, how does this reshape the understanding of the physical field?

9. **The Question of Embodied Grace**

When movement and stillness arise without effort, what does this disclose about the way Radiance expresses through the body?

TRIAD D — THE WORLD AND SELF IN THE ATMOSPHERE OF GRACE

(Corresponding to the stabilisation of this State of Being)

10. **The Question of the World Without Demand**

When the environment appears free of pressure or pull, what does this reveal about the openness underlying perception?

11. **The Question of Identity Without Burden**

When the self stands lightly within experience, how does this clarify its nature within Radiance?

12. **The Question of Being as Grace**

When presence feels uncontrived and unobstructed, what does this suggest about Grace as the natural expression of Radiance?

BENEDICTION — THE UNFORCED NATURE OF PRESENCE

May Grace reveal itself through the ease of your being.
May thought arise without weight.
May emotion move without demand.
May the body stand without tension.
May the world appear without pressure.
May identity rest as a quiet contour of presence.
And may Radiance under Grace
be recognised as the effortless atmosphere
in which all experience unfolds.