

Posit 2 — Formula 7

LONG INTRODUCTION — BOOK TEXT

THE ALIGNMENT AS THE UNIFIED FIELD OF PRESENCE

There is a moment in Alignment when the stages that once felt sequential begin to dissolve into a single, seamless field of presence. Recognition, coherence, harmony, integration, illumination, and abiding no longer appear as distinct developments in the inner life. They reveal themselves as facets of the same underlying truth: presence is one. Not unified by effort. Not synthesised through understanding. Not gathered by intention. It is unified because its nature has always been indivisible. Formula 7 is the moment when that indivisibility becomes experiential.

In earlier stages, the interior life unfolded progressively. Awareness learned to recognise the centre, to gather the motions of experience, to sense their resonance, to hold their continuity, to perceive their transparency, and finally to rest in the unmoving ground beneath them. Each stage felt like a deepening, a widening, a clarifying. But in the seventh expression of Alignment, the sense of progression itself begins to fade. Presence reveals that these stages were never separate. They were different ways of perceiving the same field.

The unified field does not arise. It is uncovered. It does not strengthen. It is recognised. It does not depend on clarity, calm, or insight. It is the fundamental condition beneath all experience, whether turbulent or serene. The interior life becomes spacious, not because it expands, but because the divisions within it dissolve. There is no longer a centre to seek, nor a ground to stabilise. Presence reveals itself as the entire field — centre and ground, movement and stillness, clarity and opacity, surface and depth.

This is not a merging of elements. It is the recognition that the elements were never separate. The motions of experience no longer feel like different aspects competing for attention. They feel like expressions of one field moving through different textures. Thought, emotion, sensation, and perception arise as movements within presence, not as movements apart from it. Nothing stands outside. Nothing needs to be pulled inward or reconciled. The field contains itself.

This recognition transforms perception. The inner and outer worlds cease to feel divided. Experience arises from the same presence that perceives it. Interaction with the world feels intimate, not because identity expands outward, but because the boundary between perceiver and perceived becomes permeable. Life is encountered through the same presence in which the inner life unfolds. The world is not integrated into the self, nor is the self-dissolved into the world. Both are expressions within one unified field.

The sense of identity matures further here. Identity becomes less like a separate centre and more like the field itself. The “I” is not lost. It becomes spacious. It becomes the presence in which the personal unfolds without conflict, without contraction, without division. The self is not erased. It is repositioned. It becomes an expression of a deeper continuity that holds everything without preference or exclusion.

The unified field also brings a new quality of clarity. Not the illumination of insight, nor the transparency of seeing through experience, but a clarity that arises from the absence of division. Meaning is no longer extracted from the moment. It is inherent in the moment. Understanding is no longer constructed. It arises with the movement of presence. Guidance is no longer sought. It appears naturally, as expression rather than instruction.

This stage brings profound ease, but not ease as comfort. It is ease as the absence of conflict within the field. Experience no longer feels like something that must be managed, balanced, or corrected. Everything arises within the unity of presence, and because nothing is outside of it, nothing threatens to destabilise it. Even difficulty becomes a movement within the same unity. Pain does not fracture the field. Confusion does not obscure it. Intensity does not overwhelm it. The field holds all things because it is all things.

Nothing in this mode requires maintenance. Nothing needs to be protected. Nothing needs to be held in place. Presence reveals itself as the natural condition beneath all change. The field abides as it is, not through stillness but through wholeness. Stillness itself becomes an expression of this wholeness, not something achieved through effort. Motion, too, becomes an expression of the same wholeness. The distinction between the two loses its meaning.

Formula 7 is not a conclusion. It is a recognition. It is the moment when the interior life realises that Alignment was never a path toward unity but a path toward seeing the unity that was always present. The stages of Alignment were movements of perception, not changes in presence. The unified field is the truth beneath all of them.

This is the seventh expression of Alignment:
presence recognised as whole,
experience recognised as movements within that wholeness,
and the field recognised as the unbroken nature of being.